

JEFFERSON CITY SCHOOL DISTRICT  
Jefferson City, Missouri  
Division of Health Services

Dear Parent:

The goal of Health Services is to help a child maintain optimal physical and emotional health so he/she can obtain the most from the education provided. This school district supports that goal by providing health services to the families in our schools. The Division of Health Services welcomes your family to the Jefferson City School District and offers assistance in many ways to help your student have a meaningful and happy experience.

**GENERAL HEALTH INFORMATION**

Please see conditions listed below that require exclusion from school until 24 hours after conditions subside without use of medication, unless otherwise stated. This list applies to Pre K thru 12th grade. Students will be excluded from school for:

- Fever of 100.0 degrees or higher, students can return when fever free for at least 24 hours without the use of fever reducing medication such as Acetaminophen and Ibuprofen. Students returning prior to 24 hours from being fever free will be sent home.
- Vomiting
- Diarrhea
- Strep Throat
  - Following a positive throat culture, the child must be on antibiotics and without fever for 24 hours before returning to school
- Untreated Ringworm
- Undiagnosed Rashes
- Red Inflamed Eyes / Pink Eye
  - Excluded until diagnosed to rule out Pink Eye and/or treated for 24 hours with antibiotic eye drops
- Impetigo
- Scabies
- Fainting Spells
- Chicken Pox
  - Excluded until all blisters have dried into scabs; usually by day six after the rash began
- Common Childhood Diseases
  - As regulated by the State

If you have any questions please contact your school nurse.

## MEDICINE POLICY

In an effort to help ensure good health and safety for the students of our school, we have established the following guidelines:

1. Do not send medicine to school unless it is absolutely necessary.
2. Medications labeled three times a day should be given at home: breakfast, after school, and bedtime
3. First dose of a new medication will not be administered at school
4. All medications (prescribed and over-the-counter) must be presented to the school nurse/office staff in the original container that is properly labeled with child's name, doctor's name, date, dose, and time of administration.
5. Any child who will be self-administering inhalers for asthma, auto-injector epi-pen for anaphylaxis, or insulin pen for diabetes must have on file with the school nurse an emergency action plan, medication permission for self-administration, and medication permission to administer.
6. Medications not regulated by FDA will not be given at school (herbal, essential oils, CBD, homeopathic, vitamins, etc)
7. Medications must be accompanied by a signed consent from the parent for staff to administer. This consent must include instructions (dose, time, frequency), which concur with prescription/medication label. This form can be found under the Health Information section on the Jefferson City School District Website
8. If a medication is to be administered at school, an adult must bring the medication to school. A student will not be allowed to bring the medication to school on behalf of the parent. Medications brought to school by a student will not be administered and parent will be notified.
9. Medications or Treatments that do not meet the requirements per Board Policy will not be administered or performed at school
10. Medications for students under the age of 12 must be children's strength. Medication labeled for adults will need a doctor's note to be given at school if student is under the age of 12.
11. Health room staff will dispose of all medications (prescription/non-prescription) at the end of the school year if not picked up by parents before last day of school or last day of summer school
12. Please contact the school nurse if you have any questions

*Medication/Medicine is defined as any substance given to obtain a therapeutic affect or change. Medications that do not meet the above criteria will not be given. Please refer to Board Policy JHCD for full disclosure*

### **Required by Law:**

**1. State birth registration certificate** - to be shown at registration.

**2. Immunizations** - Missouri School Immunization Requirements for 2024-25 are on the following page. Proof of immunizations, complete with dates (month, day, and year), must be on file upon entering school. In accordance with Missouri law, students cannot attend school without providing satisfactory evidence of immunization, unless they are exempted from immunization.

\* A Medical Exemption Card must be signed by a MD or DO when there is a medical reason for not receiving an immunization. An original Medical Exemption Card must be provided to the school registration office or nurse. A letter stating that the student is medically exempt is not acceptable.

\* All required immunizations should be obtained through your family physician, but immunizations are also available (by appointment) at the Cole County and Callaway County Health Departments for those with no insurance, Medicaid, or who have a significant barrier to receiving vaccines elsewhere. Local pharmacies are also carrying some of the required vaccines and parents can take children 12 and older to local pharmacies if vaccines are unavailable at your physician's office.

- Cole County Health Department, 3400 W Truman Blvd, Jefferson City, 573-636-2181
- Callaway County Health Department, Fulton, 573-642-6881