# JEFFERSON CITY SCHOOL DISTRICT

Jefferson City, Missouri Division of Health Services

Dear Parent:

The goal of Health Servicesis to help a child maintain optimal physical and emotional health so he/she can obtain the most from the education provided. This school district supports that goal by providing health services to the families in our schools. The Division of Health Services welcomes your family to the Jefferson City School District and offers assistance in many ways to help your student have a meaningful and happy experience.

## GENERAL HEALTH INFORMATION

Please see conditions listed below that require exclusion from school until 24 hours after conditions subsides without use of medication, unless otherwise stated. This list applies to Pre-K thru 12th grade. Students will be excluded from school for:

* Fever of 100.0 degrees or higher, students can return when fever free for at least 24 hours without the use of fever reducing medication such as Acetaminophen and Ibuprofen. Students returning prior to 24 hours from being fever free will be sent home
* Vomiting, if determined due to illness at time of nursing triage
* Diarrhea
* Strep Throat
  + Following a positive throat culture, child must be on antibiotics and without fever for 24 hours before returning to school
* Untreated Ringworm
* Undiagnosed Rashes
* Red Inflamed Eyes / Pink Eye
  + Excluded until diagnosed to rule out Pink Eye and/or treated for 24 hours with antibiotic eye drops
* Impetigo
* Scabies
* Undiagnosed Fainting Spells
* Chicken Pox
  + Excluded until all blisters have dried into scabs, usually by day six after the rash began
* Common Childhood Diseases
  + As regulated by the State

If you have any questions, please contact your school nurse. Thank you

## MEDICINE POLICY

* **All medication must be provided to the nurse by parent/guardian per Board Policy,**

**medication delivered by students will not be administered until the parent comes in to verify.**

* Do not send medicine to school unless it is absolutely necessary.
* All prescription medications must be delivered to the school nurse in the original container.
* Medications will need the prescription label with doctor's instructions or needs be in the

manufacturer's original packaging for over-the-counter medications.

* Medications labeled three times a day should be given at home: breakfast, after school and at bedtime.
* Medications must be accompanied by this signed consent form from the parent/guardian for staff to

administer. All instructions (dose, time, frequency) must match the prescription/medication label.

* Medication for students under the age of 12 must be children's strength. Medication labeled for adults will need a doctor's note to be given at school if the student is under the age of 12.
* Health room staff will dispose of old medication (prescription/non- prescription) that hasn't been picked up by the end of school year or end of summer school if attending.
* District policy states students may not possess medications on district transportation. Therefore the nurse will not send home any pills or liquid medicine with students riding school buses. Parents will need to pick up medicine in the health room/main office of school. If there is a form on file for self-carry of certain medications (Insulin, Diazepam, Epi-Pen, Albuterol Inhaler, etc.) those can be taken home with students.
* Medications or Treatments that do not meet the requirements per Board Policy will not be administered or performed at school.
* Electronic signatures are accepted on this form if it needs to be faxed or emailed to the school

nurse.

* A new medication permission form will be required for any medication changes at the start of the school year.
* A new form is not required if changing schools within the district during the current school year or summer school as the form will be available on student record

*Medication/Medicine is defined as any substance given*

*to obtain a therapeutic affect or change. Medications that do not meet the above criteria will not be given. Please refer to Board Policy JHCD for full disclosure*

## Required by Law:

**1. State** **birth registration certificate** - to be shown at registration.

**2. Immunizations** - Missouri School Immunization Requirements for 2025-26 are on the following page. Proof of immunizations, complete with dates (month, day, and year), must be on file upon entering school. In accordance with Missouri law, students cannot attend school without providing satisfactory evidence of immunization, unless they are exempted from immunization.

\* A Medical Exemption Card must be signed by a MD or DO when there is a medical reason for not receiving an immunization. An original Medical Exemption Card must be provided to the school registration office or nurse. A letter stating that the student is medically exempt is not acceptable.   
\*All required immunizations should be obtained through your family physician, but immunizations are also available (by appointment) at the Cole County and Callaway County Health Departments for those with no insurance, Medicaid, or who have a significant barrier to receiving vaccines elsewhere. Local pharmacies are also carrying some of the required vaccines and parents can take children 12 and older to local pharmacies if vaccines are unavailable at your physician’s office.

* + Cole County Health Department, 3400 W Truman Blvd, Jefferson City, 573-636-2181
  + Callaway County Health Department, Fulton, 573-642-6881