

Healthy Snacks Activities Crafts

Jefferson City School District - Healthy Celebrations

We understand that this is an unprecedented and challenging time for school celebrations. We are grateful for your ongoing commitment to creating a healthy environment for our students. We hope that you find these ideas fun and useful.

Please follow school safety and sanitizing requirements when choosing classroom celebration ideas.



Healthy Snacks



Veggie Straw Turkey

Ingredients: veggie straws

Supplies: plastic cups, googly eyes, orange and red paper or craft foam

How to: Instructions Here



Thanksgiving Turkey Juice Box

Ingredients: juice box

Supplies: construction paper, glue, googly eyes

How to: <u>Turkey Juice Box Instructions</u>



Popcorn Corn on the Cob Bags

Ingredients: popcorn

Supplies: snack size plastic bags, tape, green tissue paper, tie

How to: Corn on the Cob Instructions



Pumpkin Fruit Cups

Ingredients: clementine or peach fruit cup

Supplies: tape, green pipe cleaner

How to: Pumpkin Fruit Cup Instructions



Turkey Veggie Cup

Ingredients: sliced carrots, red and yellow peppers

Supplies: plastic cup, turkey printable (found in instructions)

How to: <u>Turkey Veggie Cup Instructions</u>



Raisin Box Turkeys

Ingredients: mini boxes of raisins

Supplies: brown bag, construction paper, marker, glue/tape

How to: Instructions Here



Cheese Stick Turkey

Ingredients: mozzarella cheese sticks

Supplies: construction paper, markers, glue

How to: Instructions Here

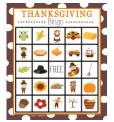
Activities



Turkey Trivia

Play a game of Thanksgiving trivia and learn some fun facts! Just print out the free printable cards and play!

<u>Turkey Trivia Cards</u> Turkey Trivia Answers



Fall Bingo

Play a game of Thanksgiving-themed bingo by using this free printable! <u>Thanksgiving Bingo Printable</u>

(From www.fun-squared.com)



Thanksgiving Story Time

Read a fall or Thanksgiving-themed story to the students. Enjoy the story with a healthy snack, like popcorn!

Amazon's Best-Selling Children's Thanksgiving Books



Musical Pumpkin Pass

Hollow out and fill a pumpkin with small party favors. Have players sit on the floor in a circle and pass the pumpkin as music plays. Each time the music stops, the player holding the pumpkin puts her hand in and scoops out a prize. Continue until everyone has won a trinket. (From thespruce.com)



Pumpkin Walk

Cut the shapes of pumpkins out of orange paper and tape them to the floor so they form a circle. Put on some music and have students step from pumpkin to pumpkin as the song plays. Stop the music at random intervals. When the music is stopped, call out a number. The person standing on that number is out. Continue playing until only one player remains. (From the spruce.com)



Outdoor Games

Take the class outside and play some games! Play a game of cornhole, have a <u>Pumpkin Broom Race</u>, or set up a <u>Corn Husking Relay!</u>

(Click the links for directions on how to set up each game)

(Photo from www.wayfair.com/outdoor)



<u>Turkey Pokey</u> (similar to Hokey Pokey)

Instead of putting your right arm in and out, put your right wing in and out and gobble all about. Continue with your left wing, your drumstick, your tail feathers and so on. (From www.nursery-rhymes-lyrics.com)

Freezing Turkey

Play music while students strut and gobble around the classroom like turkeys. Pause music. When the music stops, turkeys should freeze in place until music begins again.

Crafts



Turkey Headband Craft

Students will love getting to create their own headband and wearing it around for a silly Thanksgiving celebration!

Instructions



Class Thankful Tree

A fun class activity that shows students how much we have to be thankful for. Have students trace their handprint and write what they are thankful for on it and glue it to the thankful tree.

Instructions



Thankful Turkey

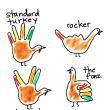
Give a student a writing prompt (linked below) about what they are thankful for. Have students write out their answers on strips of paper and turn them into turkey feathers. Instructions & Writing Prompt



Acrostic Poem

Incorporate a fun craft into an English lesson! Teach your students about writing acrostic poems and have them make an acrostic poem using their name, writing out things they are thankful for.

(Photo from www.tes.com)



Handprint Turkeys

Students can choose which style of handprint turkey to cut out and decorate. Each student can add their own touch to their turkey. Use them to decorate the classroom or hang in the hallways!

Instructions Here



Foil Print Fall Tree

Create fall-colored trees with a tin foil ball! All you need is some paper, paint, and foil. <u>Instructions Here</u>