



# JC Schools Kindergarten PE Yearly Standards

Unit	Priority Standards	Supporting Standards
<b>Unit 1</b>  Movement Concepts (Personal Space, Boundaries, Levels/Pathways, Effort, Body Awareness)	<b>S2.E1.Ka</b> Differentiates between movement in personal (self-space) and general space.	<b>S2.E1.K.MO</b> Demonstrates safe movement through general space.  <b>S2.E2.K</b> Travels safely in straight, curved and zigzag pathways.  <b>S2.E2.K.MO</b> Travels demonstrating extensions (large/small; wide/narrow; far/near).  <b>S2.E3.K</b> Travels safely in general space with different speeds, force and directions.  <b>S2.E5.K.MO</b> Demonstrates control while engaging safely in fleeing and chasing activities  <b>S2.E6.K.MO</b> Identify selected body parts, skills, and movement concepts.
<b>Unit 2</b>  Locomotor and Non-Locomotor Skills	<b>S1.E1.K</b> Performs locomotor skills (hopping, galloping, running, sliding, skipping) while maintaining balance.  <b>S1.E11.K.MO</b> Identifies and demonstrates a variety of non-locomotor movement vocabulary	<b>S1.E3.K</b> Performs jumping & landing actions with balance.  <b>S1.E7.Ka</b> Maintains momentary stillness on different bases of support. <b>S1.E10.K</b> Contrasts the actions of curling & stretching.

		<p><b>S1.E9.K</b> Rolls sideways in a narrow body shape.</p> <p><b>S1.E7.Kb</b> Forms wide, narrow, curled &amp; twisted body shapes.</p> <p><b>S1.E10.K.MO</b> Contrasts the action of pushing and pulling</p>
<p><b>Unit 3</b></p> <p>Fitness Concepts</p>	<p><b>S3.E3.K</b> Recognizes that when you move fast, your heart beats faster and you breathe faster.</p>	
<p><b>Unit 4</b></p> <p>Manipulative Skills - <i>Ball Skills</i> (Underhand throwing, overhand throwing, and catching)</p>	<p><b>S1.E13.K</b> Throws underhand with opposite foot forward.</p>	
<p><b>Unit 5</b></p> <p>Manipulative Skills - <i>Bounce Exploration</i></p>	<p><b>S1.E16.Ka</b> Drops a ball and catches it before it bounces twice.</p> <p><b>S1.E17.K</b> Dribbles a ball with one hand, attempting the second contact.</p>	<p><b>S1.E16.Kb</b> Catches a large ball tossed by a skilled thrower.</p> <p><b>S1.E16.K.MO1</b> Toss a ball and catch it before it bounces twice.</p> <p><b>S1.E16.K.MO2</b> Drops a ball and catches it at the peak of the bounce.</p>

<b>Unit 6</b>  Manipulative Skills - <i>Foot Exploration</i>	<b>S1.E21.K</b> Kicks a stationary ball from a stationary position demonstrating 2 of the 5 elements of a mature kicking pattern.	<b>S1.E18.K</b> Taps a ball using the inside of the foot, sending it forward.  <b>S1.E21.K.MO</b> Kick a stationary ball, using a running approach (without hesitating or stopping) prior to the kick.
<b>Unit 7</b>  Manipulative Skills - <i>Volleying</i>	<b>S1.E22.K</b> Volleys a light-weight object (balloon), sending it upward.	
<b>Unit 8</b>  Manipulative Skills - <i>Striking with Implements</i>	<b>S1.E24.K</b> Strikes a lightweight object with a paddle short-handled racket.	<b>S1.E25.K.MO</b> Striking off batting tees.