### Subject: Pre K

#### COURSE: Motor Development

#### STRAND: Physical Development, Health, and Well-Being

**Objectives**

(A) **Physical Development, Health, and Well-Being**

Demonstrate selected non-locomotor (anchored movement) skills:

- bending
- twisting
- rocking
- swinging one’s arms
- cutting
- writing

*Preschool Standard: Physical Development, Health and Safety*

* Physical Development and Coordination

- Performance: 1.2, 1.3
- Knowledge: (H/PE) 2,4
- GLE: N/A
- NETS: 2
- DOK: 4

**Assessment/Evaluation**

- Teacher observation during activities such as:
  - large group
  - outdoor
  - gym times
- Teacher checklists
- Anecdotal notes taken during:
  - work time
  - transitions
  - small group time
  - large group time

**Instructional Activities**

- Model and practice:
  - anchored movements through large group movement activities
  - cutting with a wide variety of paper
  - magazine
  - cardstock
  - newspaper, etc.
  - during small group and work time
  - writing and drawing with a variety of writing tools and surfaces during small group and work time

- Individual practice during:
  - plan/recall time
  - transition time
  - outdoor/gym time
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| **B) Physical Development, Health, and Well-Being**
Demonstrate the correct form of selected locomotor (non-anchored movement) skills:
• running
• jumping
• hopping
• skipping
• marching
• climbing |
| • Teacher observation during activities such as:
• large group motor
• outdoor
• gym times
• Teacher checklists
• Anecdotal notes taken during:
• work time
• small group time
• large group time |
| • Model and practice anchored movements through large group movement activities
• Individual practice during:
• plan/recall time
• transition time
• outdoor/gym time |

Preschool Standard: Physical Development, Health and Safety
• Physical Development and Coordination
• Health

Performance: 1.2, 1.3
Knowledge: (H/PE) 2,4
GLE: N/A
NETS: 2
DOK: 4

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| C) Physical Development, Health, and Well-Being
Demonstrate manipulative skills with objects while moving |
| • Teacher observation during activities such as:
• large group motor
• outdoor and gym times
• Teacher checklists
• Anecdotal notes taken during:
• work time
• small group time
• large group time |
| • Model and practice anchored movements through large group movement activities
• Individual practice during:
• work time
• plan/recall time
• outdoor/gym time |

Preschool Standard: Physical Development, Health and Safety
• Physical Development and Coordination
• Health

Performance: 1.3
Knowledge: (H/PE) 2,4 (SC) 8
GLE: N/A
NETS: 2
DOK: 4

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| (D) **Physical Development, Health, and Well-Being**  
Demonstrate the concept of a basic beat/rhythm as it applies to movement, such as:
- clapping
- drumming
- tapping

*Preschool Standard: Physical Development, Health and Safety*
- Physical Development and Coordination
- Health

- **Performance:** 2.4, 2.5
- **Knowledge:** (FA) 1 (H/PE) 2,4
- **GLE:** N/A
- **NETS:** 2,4
- **DOK:** 4

  - Teacher observation during large group rhythm activities
  - Anecdotal notes taken during:
    - work time
    - transitions
    - small group time
    - large group time

- Model and practice basic rhythm and beats through large group music movement activities
- Individual practice during:
  - plan/recall time
  - transition time
  - outdoor/gym time