

# HAPPY Valentine's DAY

**Healthy Snacks**  
**Activities**  
**Crafts**  
**Party Gifts**

## Jefferson City School District - Healthy Celebrations

We understand that this is an unprecedented and challenging time for school celebrations. We are grateful for your ongoing commitment to creating a healthy environment for our students. We hope that you find these ideas fun and useful.

Please follow school safety and sanitizing requirements  
when choosing classroom celebration ideas.



## Healthy Snacks



### **Watermelon and Strawberry Valentine's Kabobs**

Ingredients: watermelon, strawberries

Supplies: mini-sized heart cookie cutter, skewers

How to: cut out heart shapes of watermelon and skew them on a stick with strawberries! [More Instructions and Link to Skewers & Cookie Cutters Here](#)



### **Pink Fruit Smoothies**

Ingredients: frozen berries, bananas, vanilla yogurt, milk

Supplies: blender or smoothie bike

How to: blend it up! Or seek out your school's smoothie bike for a fun activity

[Berry Banana Smoothie Recipe](#)



### **Yogurt Dipped Strawberries**

Ingredients: vanilla Greek yogurt, strawberries, pink or red food coloring

How to: [Easy Instructions Here](#)



### **Valentine's Cheese & Crackers**

Ingredients: cheese, summer sausage, crackers - even add on grapes to the platter!

Supplies: [Mini Heart Cookie Cutter](#)

How to: cut out heart shapes of cheese and summer sausage and place on a platter with crackers and other fruits if desired

(Photo from [www.kitchenfunwithmy3sons.com](http://www.kitchenfunwithmy3sons.com))



### **Valentine Fruit Basket**

Ingredients: bananas, pears, oranges, apples

Supplies: [Edible Food Markers](#)

How to: write cute Valentine messages on pieces of fruit! "We make a great pear!"

[Instructions & Message Ideas](#)

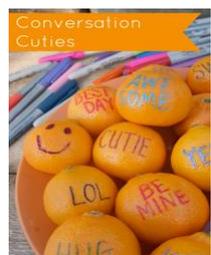


### **Carrot Hearts**

Ingredients: carrots and low-fat ranch

Supplies: tooth picks

How to: [Instructions Here](#)



### **Conversation Cuties**

Ingredients: Clementine's

Supplies: Sharpies

How to: write cute messages (like those found on candy Sweethearts) on the cuties instead for a healthy alternative!

[Instructions Here](#)

## Activities



### Valentine's Day Minute to Win It Party Games

Have a class minute to win it party by creating a tournament with these fun party games! Students have one minute to do their task, and if they complete it, they move on to the next.

[Instructions Here](#)

(Photo from [www.togetherasfamily.com](http://www.togetherasfamily.com))

the best  
**MINUTE-TO-WIN-IT**  
*Valentine's Day*  
**CLASS PARTY**

### Minute to Win It

More ideas for a Minute to Win It class party!

[Game Ideas and Instructions](#)

(Photo from [www.teachmama.com](http://www.teachmama.com))



### Heart Lava Race

Use two large hearts to move across the room without falling in the "lava". Create a relay race out of it and have a fun competition on who can move their team across the room the fastest!

(Photo from [www.mrsschmelzer.blogspot.com](http://www.mrsschmelzer.blogspot.com))



### Valentine's Headbands Game

Print out the cards and use a cloth headband to hold the card in place on the student's head. The student then asks questions to the class about what they are.

[Instructions](#)

[Printable Cards](#)



### Bow and Arrows Game

Have students "shoot" the arrow through the heart. See how many arrows they can make!

[Instructions Here](#)



### Musical Hearts

Cut out heart shapes and place them in a circle on the ground and play a game of musical hearts. Winner gets to choose a prize!

(From [www.teachmama.com](http://www.teachmama.com))



### Valentine Bingo

Play a game of bingo and let winners choose a party favor instead of candy for their prize!

[Printable Valentine Bingo Cards](#)

## Crafts



### **I Love You to Pieces Card**

This craft is great for younger students to make for their parents or loved one. Just have them cut out pieces of red paper and glue onto this [Free Printable Instructions Here](#)



### **Heart Necklaces**

Have students make their own necklace out of string, foam hearts, and beads. It will be the perfect Valentine's Day accessory!

[Instructions Here](#)



### **Handprint Heart Tree**

This darling handprint heart tree makes a perfect Valentine's Day craft!

[Instructions Here](#)



### **Wool Heart Wreaths**

All you need is some cardboard pieces and yarn to make these cute heart ornaments. You can decorate your classroom with them or have students gift them to a Valentine!

[Instructions Here](#)



### **Heart Shaped Paper Chain**

The perfect class craft to get in the loving spirit! Every time a student commits an act of love, have them add a heart to the chain!

(Photo from [www.ptotoday.com](http://www.ptotoday.com))



### **Love Bug**

Students can really get creative making their own love bug! Just give them the supplies and let their imagination come to life!

[Instructions Here](#)



### **Love Tree**

Have students trace their hand and arm for the trunk of the tree. Cut out hearts for the leaves and have students write all the things they love on them.

(From [www.onecreativemommy.com](http://www.onecreativemommy.com))

## Party Gifts



[Valentine Masks](#)



[Mini Smile Face Heart Erasers](#)



[Valentine Pencils](#)



[Stretchable Flying Heart Characters](#)



[Flashing Valentine Light-Up Ring](#)



[Valentine Mini Spiral Notepad](#)



[Valentine Stamps](#)



[Tri-Color Valentine Leis](#)